

# Course of Studies of Self Quest of Life (SQL) Indoaryan School of Human Resource Development

## Chapter Index

### Self Quest of Life, PART-I (SQL-I)

- ✚ Preamble: Quest of life
- ✚ Chapter One: Origin of Indoaryan-Existentialism
- ✚ Chapter Two: Quest of life and psycho-spiritual salvation
- ✚ Chapter Three: Indoaryan-Existentialism and Man Making Mission (3M)

### Self Quest of Life, PART-II (SQL-II)

- ✚ Chapter One: Nature's Evolution and Social Division of Labour (Part 1, 2)
- ✚ Chapter Two: Socio-cultural Existential-becoming and Aryanism
- ✚ Chapter Three: Human Resource Development (Part 1, 2, 3)
- ✚ Chapter Four: Indoaryan Socialism
- ✚ Chapter Five: Materialism of Spiritualism

### Science of Socio Environmental Ecology (SQL-III)

- ✚ Preamble: Socio Environmental Ecology (SEE) and existence
- ✚ Chapter One: Physics – A fundamental concept
- ✚ Chapter Two: Chemistry – A fundamental concept
- ✚ Chapter Three: Biology – A fundamental concept evolution and genetics
- ✚ Chapter Four: Sociology – A fundamental concept
- ✚ Chapter Five: Economics – A fundamental concept
- ✚ Chapter Six: Political Science – A fundamental concept
- ✚ Chapter Seven: Psychology – A fundamental application concept
- ✚ Chapter Eight: World History – A fundamental idea
- ✚ Chapter Nine: Philosophy – A fundamental concept
- ✚ Chapter Ten: Summary of Science of SEE

# SQL - I

## (1) Quest of life

**Preamble:** Introductory discussion about the mechanism of the balance of the socio-environmental (universal) eco-system and analysis of the cause of feeling of oneness of each individual with this whole system.

## (2) Origin of Indoaryan Existentialism: Advent of scientific philosophy to built new world...

- Introduction
- Background of the evolution of world existential culture
- Life sketch of the pathfinder of 'Indoaryan Existentialism'- the World teacher
- His fundamental teachings of evolution of world humanity
- Revelation of a scientific thought of total evolution – 'Indoaryan Existentialism'
- Summary

## (3) Quest of life and Psycho-spiritual salvation

- Introduction
- Goal of our life
- Human psychology, character and behaviour

*[Building of character / Instinct and becoming / Individual and environment / Inner instinct / Reliable and faithful / Pure and unfaithful / True faith / Personality / Inner character / Submissive attitude / Personality / How to behave and talk / Match between word and action / Big opportunist / Dishonest treachery / Scope of prosperity / Treacherous character / Way to unsuccessfulness / Where progress stops / Who is not dependable / Dishonest greed / Habit of negation / Treacherous / Inferior ego / Efficient but unsuccessful / How much to give? / Dishonesty / The weak accuse others / Lust and false bravery / Falsely worker / Selfish and egoist / Big enemy / Be unquestioned / Way to sufferings / The satanic messenger]*

- How to win man's soul?
- Introspection and rectification

*[The Message / True Woman / Like a Mother / Way of Success / Towards success / Nature's rejection / To be happy even in sorrow / Love is wisdom / Love is knowledge / Effect of criticism / Criticism as a barrier of success / Removal of faults / The wise and foolish / Understanding character / Crowned by success / Aristocracy of imagination / Vision as nature is / Path of Success / Pauperism in idle / Friend of poverty / Lust / Win lust / Anger / Win anger / Greed / Win greed / Ego / Win ego / Suppression of complexes / Save to serve / Immortality and death / Consciousness, environment and Dharma / Ideal master and his attachment / Inner voice / True love / Sign of love / Enjoyment of love / Truth and false /*

*Effect and fate / Fortune and effort / Spiritualism / Reality of God / Ungratefulness to the past  
seers / Regard others and be regardful / Real service / Service with love and ego / Service of  
ego in the name of love / Work against the will of Ideal / Egoist pride / Hate never the sinner  
but sin / Serving Ideal is the key of success / True education and character building /  
Development of will power / True brave / Sexual desire and motherly feeling / Sex and love /  
The man and woman / Female's right to choose husband / Acceptance of proposal /  
Fatherhood by admiration of wife / Be aloof from critic wife / Treatment of cruel husband /  
How to win husband / Repent / Kindness / Mercy / Glorify by becoming centre of interest of  
all / Glorify by becoming center of interest of all / True success in Ideal centricity]*

- Fundamentals of true meditation
- The accomplishment of total consciousness
- Summary

**(4) Indoaryan Existentialism and Man Making Mission (3M): A silent people's  
World revolution**

- Introduction
- Background of the advent of Indoaryan Existentialism
- Objectives of Man Making Mission (3M)
- Realization of Oneness
- Nature's law of evolution and human society
- Socio environmental ecology (SEE)
- The psychogenic evolution
- The foundation of the World United States (WUS) - three pillars of 3M
- Action plan of Aryanization – the Man Making Mission (3M)
- Protocol of Man Making Mission (3M)
- Silent Revolution - What is to be done?

# SQL - II

## **(1) Nature's Evolution: *Revelation of our relationship with the creation***

- Introduction
- Creation of the universe: *Our origin*
- Cause of creation: *The root factor of our evolution*
- Evidence of expansion: *The scientific proof of our becoming*
- Galaxy formation and birth of stars: *The way we were evolving*
- Formation of the earth: *Our home*
- The comparative conclusions: *Indo-Aryan-ism backed by science*
- Grouping of elements and laws of reactions: *Finding 'me' in the nature*
- Origin of life and application of the same natural law in life
- Biological evolution of life: *Beginning of our final journey*
- Law of multiplication: *An essential factor of upholding existence*
- Proof of the crossbreeding results on Mendel's law
- Summary

## **(2) Social Evolution: *The truth of our existential-becoming* (15 pages)**

- Introduction
- Evolution of man: *Cause behind of our present existence*
- Theories of evolution: *Reasons of our presence*
- Evolutionary process of man: *The ultimate journey*
- Natural law of multiplication: *An essential fact of human life*
- Transmission of adopted characteristics into next generations: *Secret of our becoming*
- Social division of labor through cultural-evolution: *The way we evolved ourselves*
- Historical evidences of social division: *An indispensable application of nature's law*
- A significant missing-link.....!!! : *Let's set ourselves with the past*
- Socio-environmental eco-system: *An interrelationship among man-society-environment*
- Indoaryan-Existentialism: *The path of total becoming*
- Summary

## **(3) Socio cultural Existential becoming and Aryanism**

- Introduction
- Existentialism and evolution of Aryan culture
- Aryanism and Existential culture:

*Seer's leadership / Existence of God / Dharma and science / Dharma and religion / Dharma and community / Dharma discards sectarian conflicts / Evolution of Dharma and Aryan seers / Dharma and communalism / Existence of 'Hindu*

*Dharma' / Hindutva and Aryan Dharma / Christianity and Islam / All views belong to the Aryan Dharma / Aryanism and Vedanta / Some misconceptions about Mohammed and Jesus.....! / Dharma and Islamic Jihad / Initiation are not conversion / Root of communalism / Where is the solution? / Aryanism is the solution to the communalism*

- **Indoaryan socio-cultural existentialism and its man making essence:**  
*The Varnashram system as socio-economic mechanism / The Varnashram and caste system / The Varnashram and class system / Varnashram vs. class system / The marriage system / The reality of Chaturashram (4 stages of life) system / The essence of dasa-bidha sanskar (10 points culture)*
- **Aryan existentialism**
- **Aryanization: A silent revolution**
- **Summary**

#### **(4) Human Resource Development – I : Psycho-sexual Attachment**

- **Introduction**
- **Root of attachment**
- **Chemistry of complexes**
- **Psychology of mind**
- **Living Ideal: *The best psycho-analyst***
- **Important factors of attachment: *Initiation, Jajan, Istavrity, Yajan***
- **Evolution of existence**
- **Characteristics of human complexity**
- **Mechanism of mind and human complex**
- **The root cause of psycho-behavioural disorder**
- **Solutions of complexity**
- **Motor-sensory co-ordination**
- **Concentration and stress management**
  
- **Meditation: *The psychic treatment of body and mind***
- **Realization of 'cause' of the causes**
- **Summary**

#### **(5) Human Resource Development – II: Education**

- **Introduction**
- **Man and environment**
- **Purpose of education**
- **Complete education: *The seven points***
- **Character of a teacher**
- **Teacher-student relation**



- Crisis of education
- Technique of teaching
- Imparting inquisitiveness
- Imparting education according to the instinct
- Class teaching
- Application in practical life
- Discipline of students
- Real education
- Imparting industrial training
- Management of institution
- Guidance and counseling centre
- Concentration of mind
- Meditation for career building
- Self-confidence and self-expression
- Stress management and relaxation
- Test procedure of students' inner inclination
- Suggestions against the analysis
- Relationship of science and 'Dharma'
- Science of eugenics: *An essential lesson of 'sex education'*
- Family education
- Intervention of the state
- Model of a university
- Summary

#### **(6) Human Resource Development – III: Sex, Conjugal life & Eugenics**

- Introduction
- Cause of sexuality and attraction
- Purpose of Marriage
- Selection for marriage
- Human Genetics and Genome
- Factors of selection
- Male-female compatibility: *Biological and Psychological*
- Effect of wrong selection and its' reform
- Male-female relationship
- Does horoscope or astral-matching effective?
- Chastity
- How does woman become a good mother?

- Planned vs. accidental birth
- Characteristics of biological superiority
- Sexual intercourse and origin of pleasure
- Damage sex and its' effect
- Divorce
- *Brahmacharya* in conjugal life
- Cause of variety of children of the same parent
- Cause of the birth of different sexes
- Polygamy
- Inter provincial and inter religion marriage
- Secrets of successful conjugal life
- Eugenics science and future world
- Summary

#### (7) **Indoaryan Socialism: IASSR**

- Introduction
- The essence of social evolution
- What is IASSR?
- Historical background
- Social structure of IASSR
- Selection of workers of the state administration
- Democracy: *Election procedure for securing human rights*
- Selection of a true people's leader
- Rights of property and state
- Economy: Agro-Industrial policy
- 'Swastyayani': *A dynamic psycho-industrial mechanism*
- Globalization: *The economic prospect*
- Secular state vs. non-communal '*Dharmik*'
- Division of state
- Law of state
- Some socio-political problems and its' solutions:  
*Problems of social integration / Economic factor / Political factor / Social factor / Cultural factor / Problems of power politics and crime*
- Aryan Communism and World United States (WUS)
- Protocol of the movement of Aryan-Existentialism
- Summary

## (8) Materialism of Spiritualism:

- Introduction
- The 'ism'
- Science and Dharma
- Which 'religion is opium'?
- Matter and spirit
- Matter and mind
- Materialism and spiritualism
- Dialectical materialism and spiritualism
- Materialistic view of some spiritual factors:  
*Creation and existence of 'God' / Does God incarnate? / Initiation and meditation / Meditation and realization of Brahma (supreme cause) / Realization, salvation and Yoga / Cause-n'-effect relation and fortune / Worshipping of Idol / Different paths of Spiritual practices / Travel beyond the human time frame / Life after death*
- Is death a curable disease?
- Psychology and spirituality
- The revelation of the latest 'technique of meditation'
- Summary

## SQL - III

### Science of Socio Environmental Ecology

- Preamble: Socio Environmental Ecology (SEE) and existence
- Chapter One: Physics – A fundamental concept
- Chapter Two: Chemistry – A fundamental concept
- Chapter Three: Biology – A fundamental concept evolution and genetics
- Chapter Four: Sociology – A fundamental concept
- Chapter Five: Economics – A fundamental concept
- Chapter Six: Political Science – A fundamental concept
- Chapter Seven: Psychology – A fundamental concept of application
- Chapter Eight: World History – A fundamental idea
- Chapter Nine: Philosophy – A fundamental concept
- Chapter Ten: Summary of Science of SEE